

STRUGGLING TO LOSE WEIGHT & KEEP IT OFF? LEARN THE 3 KEYS TO LASTING WEIGHT LOSS

Find out the diet myths that are secretly sabotages weight loss efforts... so you can end dieting forever!

Join **Pavlina Cavojska**, Metabolic & Transformational Weight loss coach and creator of Metabolic Reboot System! For this FREE talk.

DATE: January 27, 2020

TIME: 7.30pm

LOCATION: 98 King St W, Bowmanville
L1C 1R2



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